

# OYSTER DIVING

## PADI DISCOVER SCUBA

Try it in the Pool

### **PADI Discover Scuba Diving – Participant Information**

Thank you for signing up for the PADI Discover Scuba Diving experience with Oyster Diving – we're looking forward to introducing you to the underwater world! This document contains all the details you need to prepare for your session.

**\*\*IMPORTANT, PLEASE READ\*\***

#### **Before You Come**

Please complete the following before your session:

1. Download the PADI App and register for a PADI account.
2. Download, print, and complete the following forms:

[Medical questionnaire](#)

[Liability Release Form](#)

[Safe Diving Practices Form](#)

3. [Click the link](#) or scan the QR code below, log in with your PADI account, and complete the eLearning **before** your session.



[https://learning.padi.com/dsd?store\\_number=35798](https://learning.padi.com/dsd?store_number=35798)

**Medical Questionnaire - IMPORTANT:** If you answer 'Yes' to questions **3, 5, or 10** on page 1, or to any questions on page 2 of the medical statement, you will need a signed note from your doctor confirming you are fit to dive. Without this note, your instructor is not allowed to let you dive. If you answer 'No' to all questions, then no GP note is required.

You can find the details of some [Dive Medics here](#).

#### 4. Come and enjoy your first scuba experience!

If you have any problems with the forms, we will have spares available on the day. Your instructor may also ask you to show your completed forms within the PADI App under 'Digital Forms' in the E-Learning Portal.

### What to Bring

- Completed forms
- Swimwear and towel
- Small padlock for lockers (available at reception for a small fee if you don't have one)
- Bottle of water (diving can make you thirsty)
- Contact lenses can be worn inside your mask – just remember to close your eyes during mask-removal skills

### On Arrival

When you arrive at the pool, one of our PADI Instructors will meet you at reception. They'll check your paperwork, including your [medical statement](#), and show you to the changing rooms and pool.

You will then spend the first 20 minutes or so in the shallow end learning to use the gear, getting used to breathing underwater and doing a few basic safety skills which are also found in the [PADI open water certification](#) course.

**Location:** Prince Regent Swimming Complex, Church St, Brighton BN1 1YA

#### Approximate Timings:

- 10:00 – 10:30: Registration at reception or in the room to the right by the vending machines. Please do not change or enter the pool until you have signed in.
- 10:30 – 11:00: Poolside briefing
- 11:00 – 11:45: In-water training

**Parking:** The Prince Regent car park allows a maximum stay of 2 hours. If driving, we recommend parking at the nearby NCP car park

### Special Offer

If you sign up for our PADI Open Water course after your Discover Scuba experience, you will receive a **£40 discount!** Simply enter the promotional code 'DSD40' when booking online. This offer can also be extended to family and friends who sign up at the same time.

Thank you again for booking with Oyster Diving – we can't wait to start your underwater adventure!

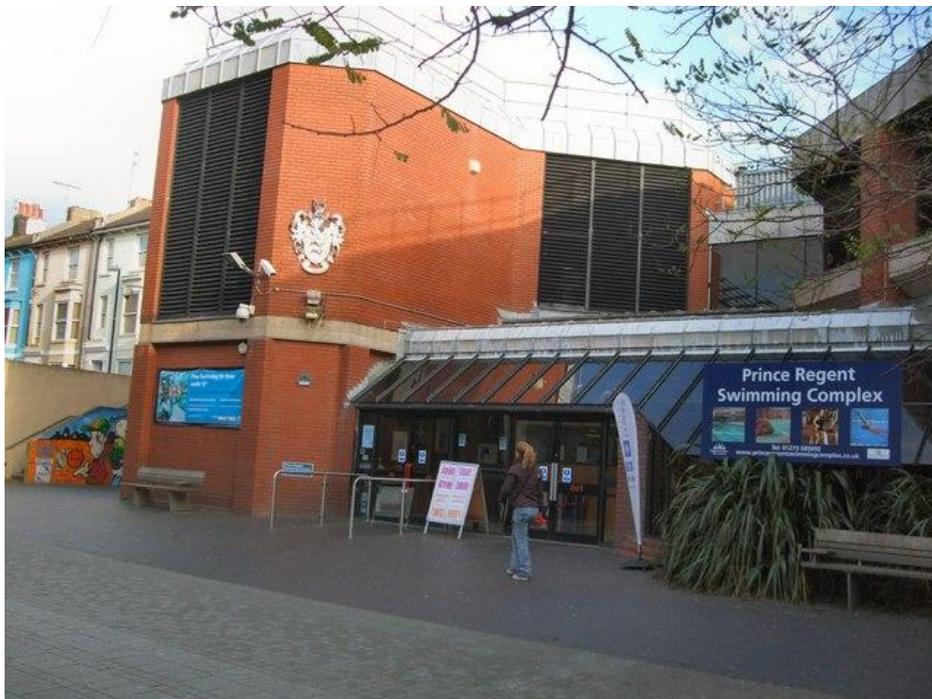
See you soon,  
The Oyster Diving Team

## Brighton Pool Directions

**Address:** Prince Regent Swimming Pool, Church St, Brighton BN1 1YA.

The Prince Regent pool can be found in central Brighton close to the Pavilion. There are lots of shops, cafes, restaurants and bars nearby.

Although there is free parking at the pool it is only for 2 hours, so we recommend you park somewhere else close by such as the nearby NCP car park.



You can find a [map here](#).