



Dear Diver,

Discover Freediving

Many thanks for signing up for your PADI Discover Freediving session with us. You are one step closer to joining an exclusive group of people who can explore the underwater world.

*** IMPORTANT ***

Please download and complete the [PADI Liability forms, Statement of Safe Diving Practices](#) and [PADI Medical Forms](#) and bring them with you on the day. Please note that if you answer 'yes' to questions 3, 5 or 10, or any of the questions on page 2 of the medical statement then we would need a note from your doctor saying that you are okay to dive. If you answer 'yes' and do not have a note from your GP or Diving Medic, then your instructor is not allowed to let you dive. No note is required if you answer 'no'.

Pool dives

Timings:

- 09:30 to 10:00 – Registration at the reception with an Oyster Instructor
- 10:00 to 10:30 – Pool side briefing and equipment set up.
- 10:30 to 12:00 – In-water training

This is a taster session designed to introduce you to Freediving. Designed for those who have snorkelled before and are not sure if breath-hold diving is for them.

The session includes all equipment, a 30-minute Briefing and 1 hour of pool time.

Those who take part in this session can progress onto Basic Freediver either on the day if numbers allow or on the next session.



'Oyster Diving' is the trading name of:
Oyster Luxury Travel and Diving Ltd

Registered office: 1-2 Harbour House, Harbour Way, Shoreham-by-Sea, W. Sussex BN43 5HZ
T: 0800 699 0243 F: 01273 384971 E: info@oysterdiving.com www.oysterdiving.com
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If you change your course dates within 3 – 6 working days, you will be charged a £25 rebooking fee. If you provide less than 2 working days' notice, then you will be charged a £70 rebooking fee as we are unable to either cancel your instructor or fill your space.

If you are interested in hearing about any trips we are running, or special offers please like our [Facebook page](#).

Thanks again for booking your course with us and we look forward to seeing you soon and starting your underwater adventure.

See you soon,
The Team at Oyster Diving
The UK's premier PADI Diving and Travel Centre

T: 0800 699 0243
E: info@oysterdiving.com
www.oysterdiving.com
www.oysterdivingshop.com



SOUTH EAST LONDON AND KENT Swimming Pool



Driveway access to house

Address: 54 Weald Way, Caterham, Surrey, CR3 6EJ

The image above is the view from the road of the driveway. Please turn in here. The purpose built dive pool is located in the grounds of a private residence. If the right hand gate is open then please park at the top of the lane, otherwise you may park in front of the house.

Please [click here](#) for the map to the location.

Directions: The house is located close to the M20 and M25.

By Car: Exit M25 at Junction 6 and take the turning towards Caterham. Continue towards Caterham until you reach Morrisons Supermarket, turn left here followed by the next left up Harestone Valley Road. Continue along here for approximately one mile past Caterham School and turn left at Weald Way. The house is Number 54 and can be found on the left hand side around the sharp bend. Please take care when leaving the property!

By Rail: The nearest station is Caterham which is on the line to Waterloo. It is approximately a 20 minute walk from the station.

Parking: There is plenty of free parking outside the property. Your instructor will meet you on poolside. Please follow the 'The Way To the Beach' signs.