

Dear Diver,

Discover Freediving

Many thanks for signing up for your PADI Discover Freediving session with us. You are one step closer to joining an exclusive group of people who can explore the underwater world.

*** IMPORTANT ***

Please download and complete the [PADI Liability forms, Statement of Safe Diving Practices](#) and [PADI Medical Forms](#) and bring them with you on the day. Please note that if you answer 'yes' to questions 3, 5 or 10, or any of the questions on page 2 of the medical statement then we would need a note from your doctor saying that you are okay to dive. If you answer 'yes' and do not have a note from your GP or Diving Medic, then your instructor is not allowed to let you dive. No note is required if you answer 'no'.

Pool dives

Address: Prince Regent Swimming Complex, Church St, Brighton BN1 1YA

Timings:

10:00 to 10:30 – Registration at the reception with an Oyster Instructor
10:30 to 11:00 – Pool side briefing and equipment set up.
11:00 to 12:30 – In-water training

This is a taster session designed to introduce you to Freediving. Designed for those who have snorkelled before and are not sure if breath-hold diving is for them.

The session includes all equipment, a 30-minute Briefing and 1 hour of pool time.

Those who take part in this session can progress onto Basic Freediver either on the day if numbers allow or on the next session.



**'Oyster Diving' is the trading name of:
Oyster Luxury Travel and Diving Ltd**

Registered office: 1-2 Harbour House, Harbour Way, Shoreham-by-Sea, W. Sussex BN43 5HZ
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Registered in England number: 5747422. VAT Number 113 6200 68



Please note that the parking at the Prince Regent only allows for a maximum of 2 hours. So if you are driving we recommend you park at the nearby NCP car park.

If you change your course dates within 3 – 6 working days, you will be charged a £25 rebooking fee. If you provide less than 2 working days' notice, then you will be charged a £70 rebooking fee as we are unable to either cancel your instructor or fill your space.

If you are interested in hearing about any trips we are running, or special offers please like our [Facebook page](#).

Thanks again for booking your course with us and we look forward to seeing you soon and starting your underwater adventure.

See you soon,
The Team at Oyster Diving
The UK's premier PADI Diving and Travel Centre

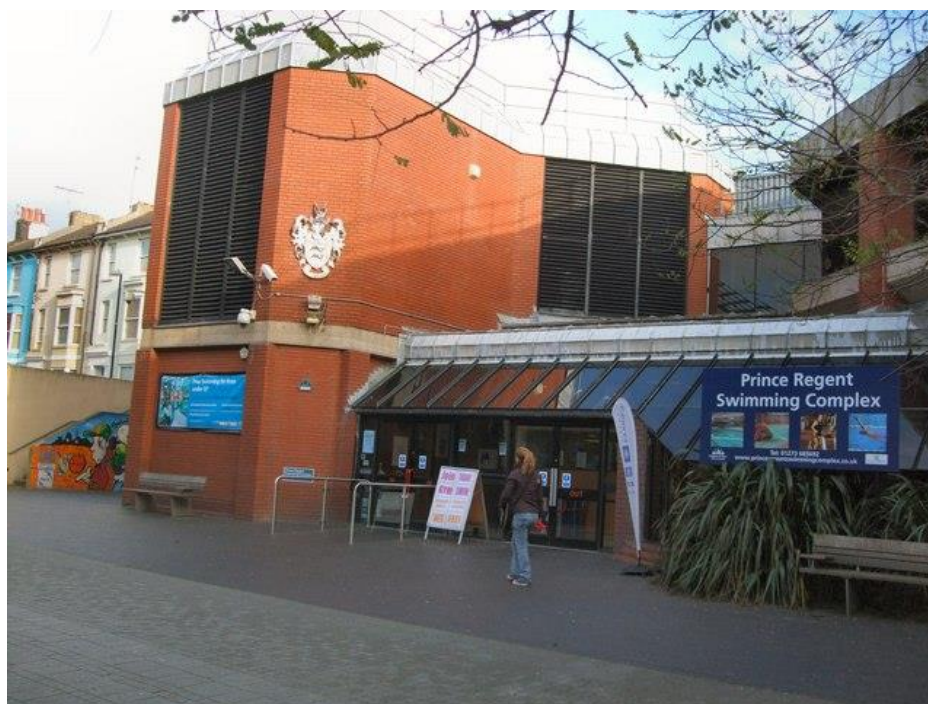
T: 0800 699 0243
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Brighton Pool Directions

Address: Prince Regent Swimming Pool, Church St, Brighton BN1 1YA.

The Prince Regent pool can be found in central Brighton close to the Pavilion.
There are lots of shops, cafes, restaurants and bars within a stones throw away.



You can find a [map here](#).

There is 2 hours of free parking on site but we recommend that you park at a nearby NCP car park just in case your course runs over.

Remember to bring your swimwear, change of clothes, your e-learning certificate and a bottle of water.