



Dear Freediver,

BASIC FREEDIVING AND PART A

Many thanks for signing up for your PADI Freediving course with us.

You are now one step closer to join an exclusive group of people who can explore the underwater world while extending their breath holding techniques. You learn basic freediving principles and focus on practicing breath-hold techniques in the heated pool.

There are two parts to the course:

1. Theory

You should receive your 'PADI Freediving e-learning', by e-mail directly from PADI within 48 hours of signing up to your course (please check your Junk Mail if you haven't received it before contacting us). Once received you can register it using your e-mail address. If you have purchased the course on behalf of multiple people, then get each person to register the online under different e-mail addresses.

The online theory can be used on a PC, Mac and Tablet. If using a Tablet an internet connection will be required to submit the scores. You can use a phone but it often the screen size means it is a little more restrictive and therefore not recommended.

Below is also a direct link to the eLearning login page. Once you have created your account, following the instructions in the registration email, then go to this site and enter your details to access the materials.

<http://elearning.padi.com/10.cfm>

Could you ensure that the knowledge reviews, quizzes and exam are completed before your pool session. Please be aware that the theory normally takes several hours to complete but it can be split up in to several sessions – don't leave it until the last minute!



'Oyster Diving' is the trading name of:
Oyster Luxury Travel and Diving Ltd

Registered office: 1-2 Harbour House, Harbour Way, Shoreham-by-Sea, W. Sussex BN43 5HZ
T: 0800 699 0243 F: 01273 384971 E: info@oysterdiving.com www.oysterdiving.com
Registered in England number: 5747422. VAT Number 113 6200 68



Please bring a copy your eRecord to the second pool session and hand it to your instructor (this has all of your scores on it). If you do not have a printer then [e-mail](#) it to us in advance and we can print it out on your behalf. If you have any technical difficulties then PADI customer services will be glad to assist, you can call them on 0117 300 7234.

***** IMPORTANT *****

Please download and complete the [PADI Freediving Liability Release](#), [PADI Freediving Safe Diving Statement](#), and [PADI Medical Form](#) and bring them with you on the day. Please note that if you answer 'yes' to any of the questions on the medical statement then we would need a note from your doctor saying that you are fit to dive. If you answer 'yes' and do not have a note from your GP then your instructor is not allowed to let you dive. A rebooking fee may be applied if you fail to bring the correct paperwork.

2. Pool dives

Your instructor will meet you on poolside at our [Caterham Location](#) at 9.30am and the course should finish around 13:30pm. Due to the current COVID-19 situation courses are taking a little longer than normal so there is a small chance that your course will go on for slightly longer than that. If you need to rebook, and provide less than 2 working days' notice then you will be charged a £40 rebooking fee as we are unable to either cancel your instructor or fill your space.

What to bring to the pool – PADI forms (first week only), e-learning scores (2nd week only), swimwear, towel, and any equipment you may own (we will have everything there anyway so don't worry if you don't).

It's also a good idea to bring a bottle of water as diving can make you thirsty. If you wear contact lenses these can be worn inside your mask. You can order a mask with prescription lenses at an additional cost, please just get in touch if you would like further details.

3. Full course / Part B

If you have booked you're the full course with us then you will receive a second booking confirmation by e-mail that will have a separate course details for the open water dives.

If you have signed up to the Basic Course and would like to go and complete your full course then you can book online here, or just give us a call on 0800 699 0243 or e-mail info@oysterdiving.com.

If you haven't done so already then we do recommend purchasing your own mask, snorkel, boots and fins. These are available through our [dive shop](#) and can be bought along to your first pool session.

We receive many questions about "should I own my own equipment" so to make it easy we have written a [short blog to help you](#).

If you are interested in hearing about any trips we are running, special offers or would like to keep in touch then please like our [Facebook page](#).

Thanks again for booking your course with us and we look forward seeing you soon and starting your underwater adventure.

See you soon,
The Team at Oyster Diving
The UK's premier PADI Diving and Travel Centre

T: 0800 699 0243
E: info@oysterdiving.com
www.oysterdiving.com
www.oysterdivingshop.com

