

F R E E D I V E R



Dear Freediver,

Thank you for booking your Discover Freediving experience with us.

The course is ideal for experiencing the joys of freediving in the safety of a heated swimming pool. It's designed for people who either want to try a new adventure or if they're not sure if they want to commit to the [PADI Freediving certification course](#).

The experience will teach you some of the basic principles of freediving, the most important safety rules and how the equipment works. You will get to feel what its like to extend your breath holding underwater. After spending some time in the shallow end getting comfortable and familiar with the equipment and the strange sensations we will head to the deep end where you get to have a swim around underwater.

Your instructor will meet you at the house at 09.30 and the course should finish around 11.00.

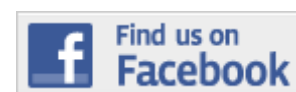
You can find directions below.



Going on holiday and short of time?

If you're looking for a flexible way to fit a PADI course into your busy schedule or if you just prefer web based learning, then our PADI online scuba courses are perfect for you.

For the latest offers on courses and holidays...



Contact Us:

Oyster Diving

0800 699 0243

info@oysterdiving.com

www.oysterdiving.com

www.oysterdivingshop.com

Please complete the following PADI forms and bring them with you on the day- [PADI Freediving Liability Release](#), [PADI Freediving Safe Diving Statement](#), and [PADI Medical Statement](#). Be aware that if you answer 'yes' to any of the questions then we would need **a copy** of a note from a doctor saying that you are okay to dive. If you require a note and do not bring one to the pool we are not allowed to teach you. You may also be charged a rescheduling fee to help cover the costs of your missed session.

Please remember your swimwear, either a small padlock or £4 to purchase one from reception, towel and we advise that you bring a bottle of water to drink. We will supply all other equipment

If you sign up to any of our [PADI freediving courses](#) after your trial dive then you can receive a £25 discount, simply enter the promotional code 'DFD25' when you [book online](#). We will even extend this offer to your family and friends who sign up at the same time!

Thanks again for booking with us and we look forward to starting your underwater adventures.

See you soon.

**The Team,
Oyster Diving**

**SOHO • WEST LONDON •
SURREY & BERKSHIRE •
BRIGHTON • OXFORD**




SOUTH EAST LONDON AND KENT
Swimming Pool



Driveway access to house

Address: 54 Weald Way, Caterham, Surrey, CR3 6EJ

The image above is the view from the road of the driveway. Please turn in here. The purpose built dive pool is located in the grounds of a private residence. If the right hand gate is open then please park at the top of the lane, otherwise you may park in front of the house.

Please [click here](#) for the map to the location.

Directions: The house is located close to the M20 and M25.

By Car: Exit M25 at Junction 6 and take the turning towards Caterham. Continue towards Caterham until you reach Morrisons Supermarket, turn left here followed by the next left up Harestone Valley Road. Continue along here for approximately one mile past Caterham School and turn left at Weald Way. The house is Number 54 and can be found on the left hand side around the sharp bend. Please take care when leaving the property!

By Rail: The nearest station is Caterham which is on the line to Waterloo. It is approximately a 20 minute walk from the station.

Parking: There is plenty of free parking outside the property. Your instructor will meet you outside and can guide you if required. Otherwise please walk around the left of the property and when you reach the garden you will see the pool building in the rear garden, just pop your shoes off and make your way in!